Remembering is the First Change (Jared C. Wilson)

I recall Paul Tripp speaking on Psalm 27 once, and as he was emphasizing how important it was for David to "remember" in times of trouble, my mind went—as it often does in such scenarios—to another psalm, one that has been profoundly important to me in my Christian life.

I once went through a period of serious depression, laid low by the consequences of my sin and by the specific pains of my life circumstances. I was broken, weary, and frequently willing to simply "check out." In my lowest moments of despair, I often thought of even taking my own life. I think the spirit of Psalm 42 speaks directly to such despair. At least, it certainly seemed that way to me at the time, and it does to me still today.

It strikes me as I read through Psalm 42 how crucial memory is to the process of faith in the midst of difficulty or depression.

These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. (v4)

One thing that is brought to mind is previous times of joy. In this case, the psalmist is remembering times of worship with his fellow saints. This may not "do the trick" of warding off present affliction, of course, but it at least reminds us that joy can be had. If could be had in the past, we should take care to anticipate that it can be had in the future. Joy is not impossible, in other words, and that glimmer of hope can be a consolation in times of pain. This is why he says in verse 5, "Hope in God; for I shall again praise Him, my salvation."

But there is a deeper reflection, a more historic remembrance the psalmist goes to, as well: ... My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. (v6)

The psalmist is here recalling mighty deeds of God, the milestones of God's intervening redemption in Israel's history. These geographic locations are signposts for his memory, places and times where God came through for His people big time.

When God allows affliction, it is important to remember His historic faithfulness. There is a reason the Israelites filled the ark of the covenant with momentos of God's faithfulness, and it's not because they were magic talismans. It was because they wanted to carry before them tangible reminders of God's love and care and redemptive interruption of their troubles, lest they forget when they had to face trouble again.

When you are stuck, deep, despondent, or in despair, think back to what God has delivered you from in difficult times past. Remember how He has never really failed you. In fact, remember your way all the way back to Mount Calvary and the empty tomb. Remembering God's historic faithfulness is the first step in enjoying His present faithfulness to you, even if you don't feel it.

"We are simple people," David Powlison says, "you can't remember ten things at once. Invariably, if you could remember just one true thing in the moment of trial, you'd be different. Bible 'verses' aren't magic. But God's words are revelations of God from God for our redemption. When you actually remember God, you do not sin. The only way we ever sin is by suppressing God, by forgetting, by tuning out His voice, switching channels, and listening to other voices. When you actually remember, you actually change. In fact, remembering is the first change."



Welcome, we're glad you're here!

We are a church family committed to following Jesus Christ as Lord. We do this by getting to know him through his living Word, the Bible, which is why the sermon is the key part of our Sunday services. Find out more about us at www.slechurch.org.au.

This Week: Union with Christ 6— To the End with Christ

God is the one who preserves our union with Christ so that we remain justified, sanctified, and unified in order to be glorified with Jesus in the end.

Next Sunday: Church Camp—Identity

Today's Service

Welcome and
SingingThis Life I Live
In Christ Alone
We Belong to the DayHoly CommunionWe Belong to the DayOfferingImoustic Community NewsBible ReadingImoustic Community NewsSermonBy Pastor Steven TranSong of ResponseYet Not I But Through Christ
In Me

Stay Connected

United Ch

ALL OR NOTHING

e Day	£	facebook.com/slechurch
		slechurch.org.au
	S	+61 490 760 152
	\bowtie	info@slechurch.org.au
	0	83 Ryans Road, St Lucia 4067
	Check out <u>slechurch.org.au/groups</u> to find group that you can join.	
Tran		

Say hello

Join us for morning tea at 10:30am. We'd love to have a chat and get to know you better.

Our Pastors

SENIOR PASTOR BEN HO

Mobile: +61 433 581 335 Email: ben.ho@slechurch.org.au

PASTOR STEVEN TRAN Mobile: +61 411 621 159 Email: steven.tran@slechurch.org.au

Financial Update

\$4,586.18
\$5,750.00
\$0.00

Giving by Electronic Funds Transfer

A/C Name:	SLE Church	
Bank:	National Australia Bank	
BSB:	084-424	
A/C No:	396558544	

SLE Church is a branch church of Chinese Christian **Church Brisbane**

Prayer Points

PRAISE GOD THE FATHER FOR mightily raising lesus Christ from the dead and seating Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come.

GIVE PRAISE AND THANKS TO GOD

that He gave Jesus to the church as the head of the church and we, the church, as His body. Praise God for raising us up in Christ, having been united with Christ by faith, to sit with Him in the heavenly places! Give thanks for such amazing grace and privilege!

PRAY FOR THE UNITY OF OUR

CHURCH, that it would be truly based on our union with Christ, and not just because of human factors of connection. Pray that this unity would be seen in the way we are truly committed to love and care for all who are in the body and that we would have a heart to reach out to anyone, from any race, language, religion, personality, socio-economic status and so on. Pray that who we are in Christ (and who people can be in Christ) would overcome any human reason to separate, divide or discriminate.

PRAY FOR CHURCH CAMP! It's next week! (And a reminder that there will be no services for SLE Church next week!!)

Community News

NO CHURCH SERVICES AT SLE CHURCH NEXT WEEK AND NO **CHURCH GROUP EVENTS ACROSS 4-7 OCTOBER LONG WEEKEND**

For alternate church service, please consider St Lucia Bible Church, 9:30am at Ironside State School Hall.

SLE CHURCH CAMP INFORMATION SHEETS

- one for all campers
- one for parents of those in kids' ٠ program (Sunday School age)

are available. Check church camp website / FB event / emails. / hard copies.

BLOOM | SATURDAY 26 OCT | 2-4PM

During Bloom this year, the women of our church have had the opportunity to identify the root sin of discontentment, to see that the destructive effects of comparison and to discover that the treatment is found in appreciating how great are the blessings we have in Christ.

At our last Bloom session for the year, we will gather to hear from women in our church, who will share their struggles and experiences to find their significance, security and satisfaction in Christ alone. The afternoon will also include a Q&A session to deal with the questions we have as we seek to practically and personally apply all that we learnt.

Don't miss out on hearing how God's word has been transforming lives in our church!

Registration closes 20 October.

Serving

	Today	Sunday Fortnight
Chair	Simeon	Ps Ben
Prayer	Winnie	Mike
Preach	Ps Steven	Ps Steven
Bible Read	Jansen	Chi
	Dan Lowe	Alan
M.Tea	Tania/Gen	Linda/ Winnie T.
Wash Up	SOS Dan	SOS Randy
Welcome	Philip	Richard
	Mee Lan	Georgie
	Esther	Amy
	Andrew	Sarah
	Marcus	Sean
	Nethanel	James
Stewards	Richard	Philip
	Sunny	Simeon
	Norman	Meng Yin
	Cam	Josh
	Yong Seng	GengHao
	Helen	Edwina
Piano	Joanna	Dan Lowe
Guitar	Keith	Jabez
Bass	Aaron	Aaron
Drums	John	Nigel
Vocal	Amanda	Sharne
ΡΑ	Reuten	William / Matt C
	Stan	Jowin

Union with Christ #6: To the End with Christ

1. Introduction:

2. Preserved (Romans 8)

3. Glorified (1 Corinthians 15)